



Program Information Package

SKILS Advanced Sea Kayak Surf Course Program Description



Surfing a sea kayak with control is an incredible feeling. Dropping into a wave and doing a bottom turn before carving down the line and then sliding up into a nice top turn is possible in a sea kayak. This course is recommended for graduates of the SKILS Sea Kayak Surfing course, or for paddlers who have experience surfing a sea kayak, who are looking to add control and style to their repertoire. This Advanced Surf Course will focus on technical manoeuvres for long boats in surf and will include such topics as surf etiquette, beach and wave selection, surfing in a circuit, back-surfing, bottom and top turns, speed control, playing in the foam and endo's. Participants should be in good physical condition with prior experience in technical sea kayak surfing. A reliable rough water roll is highly recommended. This course is taught in the Ucluelet/Tofino area. The classroom and beach spaces we will play in will be chosen daily depending on swell reports. However, participants are urged to book accommodation in the Ucluelet area to reduce drive times and accommodation costs. If you are unsure if you qualify for this course please contact SKILS for an assessment.

Where to stay in Ucluelet

We suggest the following places:

Surf Junction Campground: 1-877-922-6722 or www.surfjunction.com

C&N Backpackers Hostel: (250) 726-7416 or www.cnnbackpackers.com

Little Beach Resort: (250) 726-4202 or www.littlebeachresort.com

Surf's Inn Guesthouse: (250) 726-4426 or www.surfsinn.ca

Pacific Rim Motel 1-800-810-0031 or www.pacificrimmotel.com

You may find these links useful while shopping for an accommodation provider.

www.booking.com

<https://www.discoverucluelet.com>

<https://pacificrimmotel.com>

<https://www.airbnb.ca/>

Paperwork Checklist

Please use the following checklist to ensure you have received and reviewed all the required documentation prior to the program start date:

- ✓ Advanced Sea Kayak Surf Course package – please review
- ❑ SKILS Waiver – please sign with your instructor at the beginning of the program
- ❑ SKILS Medical Form – please bring a completed copy to your program



Program Logistics

Prerequisites

- SKILS Sea Kayak Surfing Course, or
- Equivalent experience surfing a sea kayak, and
- A reliable rough water roll

Who Should Take This Course

This course is designed for paddlers who are looking to add control and style in the surf to their sea kayaking repertoire.

Class Size

A minimum of 3 candidates is required to run this program while the maximum group size we adhere to is 6. The limited class size helps to ensure a rich learning environment with many opportunities for one-on-one coaching and feedback.



Meals

Participants are responsible for their own meals.

Suggested Gear List

- ❑ Seaworthy Kayak
- ❑ ULC foam PFD (no inflatable PFD)
- ❑ Whistle and knife
- ❑ Paddle and spare paddle
- ❑ Sprayskirt
- ❑ Pump
- ❑ Helmet
- ❑ Tow line or 15 m buoyant heaving line
- ❑ Immersion clothing
- ❑ VHF Radio
- ❑ Meals and water
- ❑ Program paperwork

Rentals

If you need to rent a kayak or any gear, please make sure you reserve your equipment online at least 7 days before the start of your course by visiting this link:
<https://skils.ca/rentals/>

Course Outline

This course starts with a morning session at the beach discussing topics that (may) include surf etiquette, beach and wave selection, personal risk, group care, and surfing in a circuit. An on-land session exploring boat control, stern rudders and bracing techniques are followed by their practical application in the surf. During the afternoon session, participants may focus on bottom and top turns, speed control and playing in the foam. An evening session is planned for video and technique analysis. Participants are encouraged to bring a personal SD card and/or a camera (i.e. regular waterproof camera, camcorder or Go Pro) to gather footage during the course. On the second day, we will focus on personal skill development with individualized progressions based on participants' learning objectives and performance. Additional topics such as back-surfing and endo's will potentially be touched on depending on the group and the conditions. Time to develop new skills is an

important aspect of surfing a sea kayak with control and is an integral component of this course. The course ends at 1630 on the last day.



Thank you for enrolling in our skills training program. If you have additional questions or concerns, please contact us. We look forward to playing on the water with you!