



Program Information Package

Paddle Canada Level Two Instructor Training



Program Description

Our Level 2 Instructor program provides an opportunity to acquire the knowledge and skill necessary to become a confident and competent instructor of intermediate paddling skills.

Intermediate instructional skills include managing groups in current, waves and wind; facilitating learning on a multi-day paddling trip; developing models to teach weather, navigation, and other knowledge; and developing conceptual frameworks for coaching and assessing intermediate paddlers.

This course is ideal for:

- Individuals who are already certified and active Paddle Level 1 Instructors
- Individuals who have successfully completed the Level 3 Paddle Canada certification

Paperwork Checklist

Please use the following checklist to ensure you have received and reviewed all the required documentation prior to the program start date:

- ✓ Paddle Canada Level Two Instructor Training Program Document – please review
- ❑ Paddle Canada Waiver - please review and sign in the presence of your instructor
- ❑ SKILS Waiver – please review and sign in the presence of your instructor
- ❑ SKILS Medical Form – please bring a completed copy to your program
- ❑ Policy and Procedures Document – please review
- ❑ SKILS Training Manuals – please review
- ❑ Paddle Canada Sea Kayaking Manual – please review

Expectations and Evaluation

Expectations

The general skill training and instructor training included in this course is designed to polish existing skills; it is NOT an introduction to these skills. In particular, successful candidates will have strong intermediate technical, tactical, mental, and physical skills in Class 3 waters, as defined by Paddle Canada Level 3 Skills certification. Furthermore, successful candidates will demonstrate strong instructional competencies in problem solving, learner centred teaching, critical thinking, leadership, and collaboration.

Problem Solving

- Design and execute at least 2 lessons based on identified learning outcomes
- Analyze a teaching scenario and identify areas of success and areas of improvement.

Learner Centred Teaching

- Recognize and respect differences in learning styles
- Develop and modify instructional style based on paddler needs
- Provide constructive and positive feedback
- Use activities that promote enjoyment and learning

Critical Thinking

- Reflect and discuss the factors that promote effective learning
- Reflect and discuss learning styles and demonstrate how they may affect teaching styles and techniques
- Assess whether feedback is consistent with needs of the learner
- Observe and critique teaching scenarios

Leadership

- Implement an appropriately structured and organized learning environment
- Use demonstration quality techniques in teaching scenarios
- Provide timely interventions that promote learning

Collaboration

- Brainstorm and work collaboratively with other instructors to complete specific tasks
- With other instructors, role-play a variety of instructional situations involving instructor(s), learners, and observers.



Evaluation

The evaluation will comprise of a written test, on water general paddling skills assessments, and on water and land-based teaching scenarios.



Program Logistics

Prerequisites

This course is designed for:

- Individuals who are already certified and active Paddle Level 1 Instructors
- Individuals who have successfully completed the Level 3 Paddle Canada certification

****IMPORTANT**** Each course participants must be a Paddle Canada member in good standing and must register with Paddle Canada as a Level 2 Instructor candidate prior to participating. To register, please go to the Paddle Canada Website

(www.paddlebuzz.ca/members/instructorcandidates.

[asp](http://www.paddlebuzz.ca/members/instructorcandidates)) and follow the instructions. You will be asked for a course ID number; the course ID for the program you are enrolling in will be provided after you have registered with SKILS. If you are not a current Paddle Canada Instructor member you will need to renew your membership by paying the membership fee of \$70 plus applicable taxes. Please note that if you do not register with Paddle Canada in advance we cannot sanction your participation or certification. If you have any difficulties in registering with Paddle Canada, please contact them directly at info@paddlecanada.com.

Prior to participating in a Paddler Canada Level Two Instructor Certification program, candidates are required to have completed the following:

- Paddle Canada Level 3 Skills Certification
- Paddle Canada Level One Instructor Certification
- Significant teaching experience in a wide variety of conditions and locations as a level-1 instructor including a minimum of twolevel-1 skills courses within the past two years, being the lead instructor on at least one of those courses

In addition, candidates should have their Marine Radio Operators License (RMOC), basic first aid, and CPR-C. The course instructors may ask to see proof of certification, so please bring copies to the course. As a Level 2 Instructor, you are becoming an ambassador of Paddle Canada and it is expected that you have an excellent understanding of the organization you will be representing.

Our Classroom

Our On-Line Classroom: GeoSKILS

A portion of this course takes place online at GeoSKILS, our on-line learning portal. The self paced online modules will walk you through much of the theory we will be putting into practice during the on water sessions. You will need access to the Internet in order to participate in this portion of the course. Expect to spend 3-5 hours per week, in the 4 weeks leading up to the on water portion of the program, working through the online material. Details on how to access GeoSKILS will be forwarded to you with lots of time to prepare.

Our On Water Classroom: Discovery Island

The course is based in the Victoria region of Vancouver Island. We will meet at a classroom location on the first morning (details will be sent prior to the program). After initiating the program, we will paddle out of the Oak Bay area of Victoria and spend 3 days and 2 nights on Discovery Island. The waters in and around Oak Bay and Discovery Island will be our classroom. The area offers diverse paddling conditions ideal for a Level 2 Skills course.

Meals

You are responsible for all your own meals during the program. On days 1,2, and 3 plan on having lunch on the water. Participants are encouraged to bring extra snacks to fill in the holes and satisfy personal tastes.

What You Are Responsible For

You are responsible for all travel, paddling gear, and camping equipment throughout the course. You are also responsible for accommodation before and after the course. White water helmets are mandatory, and dry suits are strongly recommended.

You are responsible for all your own meals and cooking equipment throughout the course. As this is primarily a leadership award, your ability to organize, pack, and prepare meals is an important component of the learning and evaluation. Participants are **discouraged** from sharing meals with other participants; we are trying to assess each student's skill separately.

If you need to rent equipment, please contact our office at info@skills.ca. A list of available equipment and rental costs is outlined in the SKILS Policy and Procedures document.

Suggested Gear List

- Touring kayak appropriate to multiday trips
- PFD with whistle and knife
- Paddle and spare paddle
- Spray skirt
- Pump
- Helmet
- Tow line and other safety gear
- 15m buoyant heaving line
- Immersion clothing

- Personal camping equipment
- Tarp
- VHF Radio
- Navigation equipment
- Meals and water
- Program paperwork
- Log book, course materials, and reading materials

Course Outline

This is a general outline for the Level 2 Instructor course. Depending on location, class size, and conditions, the schedule will change. The course covers a lot of material in a very short period of time; candidates are discouraged from planning anything else during this period.

Unit 1	Orientation	
Unit 2	Introducing models for hierarchical learning Competencies model Managing groups in complex learning environments	
Unit 3	Constructing frameworks for detection and correction Introducing New Skills Rolling Camp Craft Self Care Currents and wind	
Unit 4	Developing a general Level Two course progression	
Unit 5	Detailing specific lesson plans for Level Two	
Day 1 Camping	Meet and greet Paperwork: waiver and medical form, PC registrations Review Level Two Instructor outcomes and expectations Level Two Instructor in context Competence model	Trip prep: trip contract, float plan, safety talk Paddle to Discovery Island Group management while travelling Travelling lessons: navigation, weather, critical eye (Me, We and the Sea; boundaries and transitions) Exploring the environment from the perspective of an instructor Risks and rewards
Day 2 Camping	Detection and correction – peer to peer Using scenarios and activities Mini lessons – popcorn style	Water sessions Land sessions
Day 3 Camping	Water sessions Land sessions	Feedback
Unit 6	GeoSKILLS: Written assessment and Paddle Canada Administration Quiz	

Course Materials & Background Reading

In our experience, a little preparation goes a long way in this course. Please take the time to order your course materials early and spend some time reviewing your Level 3 skills including tide and current calculations, basic piloting and compass navigation, weather interpretation, boat handling, and rescues.

Each student needs a copy of the following resources on the course:

- Chart 3440 – Race Rocks to Darcy Island (1:40 000)
- Tide and Current Tables Volume 5
- New Log Book – this will be handed in at the end of the course
- SKILS Instructor Manual
- Paddle Canada Instructor Manual



Thank you for enrolling in our instructor training program. If you have additional questions or concerns, please contact us at info@skils.ca. We look forward to playing on the water with you!